

## 國立屏東大學 110學年度第1學期 教學課程綱要

※為保護智慧財產權，請勿非法影印教科書。

課程學分數：2.00(2.00小時)

授課老師：鄭愷雯(704010)

必選修：選

開課序號	0791
科目名稱	音樂治療(MUI2721)
科目英文名稱	Music Therapy
授課語言	英語/國語/全外語授課
主要教學型態	課堂教學&小組討論
教學目標	<p>There are 3 parts in this course. The first part has 3 units, which includes functions of music, music as a life span activity, music is a varied and flexible art form, the definition of music therapy, clients that music therapy work with, the settings that music therapy work, and the current clinical practice in Western countries.</p> <p>The second part has 5 units, which includes music therapy process with case studies, music therapy in medical setting, music therapy in educational setting, and music therapy in community setting. The tutor will also take students off-campus to visit community setting or medical setting in Pingtung county.</p> <p>The third part has 2 units, which includes design and deliver music therapy activities in the class for practice and further discussion.</p>
每週課程內容及教學方法	<p>課程聯絡群組：<a href="https://www.facebook.com/groups/4604444319607406">https://www.facebook.com/groups/4604444319607406</a> 為防疫及遠距教學需要，請務必於選課後立刻加入。另外，請同學遠距上課一定要開鏡頭，確認視訊和音訊運作正常，並且使用電腦來參與課程討論與活動。</p> <p>依本校規定，全學期3/1時數以內實施遠距教學。週數均依實際上課狀況，彈性調整</p> <p>週次 Week      課程內容 Course Content (the course content will be modified according to actual teaching and learning context and the students' needs in the classroom)      教學方法 Teaching Methods</p> <p>第一週 Week 1      Course introduction      (遠距教學)</p> <p>第二週 Week 2      1st part: Music as therapeutic tool Functions of music I      (遠距教學)</p> <p>第三週</p>

	<p>Week 3 Functions of music II (遠距教學)</p> <p>第四週</p> <p>Week 4 Music: a human phenomenon I (遠距教學)</p> <p>第五週</p> <p>Week 5 Music: a human phenomenon II</p> <p>第六週</p> <p>Week 6 Definition of music therapy I</p> <p>第七週</p> <p>Week 7 Definition of music therapy II</p> <p>第八週</p> <p>Week 8 Part 2: clinical issues in music therapy Music therapy process: case studies</p> <p>第九週</p> <p>Week 9 Mid-term exam: Students' oral presentation</p> <p>第十週</p> <p>Week 10 Music therapy in medical setting</p> <p>第十一週</p> <p>Week 11 Music therapy in educational setting</p> <p>第十二週</p> <p>Week 12 Music therapy in community setting</p> <p>第十三週</p> <p>Week 13 Music therapy activity design and discussion</p> <p>第十四週</p> <p>Week 14 Music therapy activity demonstration I</p> <p>第十五週</p> <p>Week 15 Music therapy activity demonstration II</p> <p>第十六週</p> <p>Week 16 Music therapy activity reflective thinking presentation. Hand in final report (交期末報告)</p> <p>第十七週</p> <p>Week 17 Off-campus visit: social welfare institution or hospital</p> <p>第十八週</p> <p>Week 18 Course review</p>
核心能力	
預期學習成果	<p>After the course, students are able to:</p> <p>Know the profession of music therapy practice and develop relative reflective thinking</p> <p>Explore the philosophical orientation of music therapy and</p>

	<p>theories of function of music</p> <p>Identify music therapy practice in medical, educational, and community settings</p> <p>Design, deliver and assess music therapy activities with people who have special needs</p> <p>Synthesis above learning outcomes, students will be able to develop critical thinking and thus enlighten and develop their own professional field</p>
與預期學習成果 搭配的多元評量	<p>1. Participation and learning in classroom 60%</p> <p>(1) Participation 20%</p> <p>(2) Attendance 10%</p> <p>(3) Mid-term presentation 30% (Individual presentation): choose a chapter in the English textbook for presentation (please choose from chapter 4 to 8, 10,12-13 or 15-16) or choose an academic journal article</p> <p>2. Final presentation 40% (Group presentation)</p> <p>(1) music therapy activity design and demonstration 20%</p> <p>(2) Report for music therapy activity delivered in connection with literature review, self-reflection and peer feedback (oral presentation and paper version) 15%</p> <p>(3) Term learning process report 5 % (individual work)</p>
主要讀本	<p>(尊重智慧財產權，請勿影印教科書)</p> <p>Davies, M., Gfeller, K. &amp; Thaut, M. (2008) An Introduction to Music Therapy: Theory and Practice. Third Edition. American Music Therapy Association: Silver Spring, Maryland.</p> <p>中文</p> <p>Davies, M., Gfeller, K. &amp; Thaut, M. (著)。吳幸如、黃創華、李招美、李玉珊、何采諭、盧鴻文、李家雯 (譯) (2008)。音樂治療理論與實務。台北：心理。</p>
參考書目	<p>Katrina McFerran, Philippa Derrington, Suvi Saarikallio (2019) Handbook of Music, Adolescents, and Wellbeing. Oxford University Press: Oxford.</p> <p>Brian Luke Seaward (2014). Managing Stress: Principles and Strategies for Health and Well-Being. Jones &amp; Bartlett Learning.</p> <p>Jacobsen, S., Pedersen, I., Bonde, L. (2019) A Comprehensive Guide to Music Therapy. Jessica Kingsley.</p> <p>MacDonald, R., Kreutz, G. and Mitchell, L. (2012). Music, Health, and Wellbeing. Oxford University Press: Oxford.</p> <p>Wendy L. Magee (2013). Music Technology in Therapeutic and Health Settings. Jessica Kingsley.</p> <p>Melita Belgrave and Seung-A Kim (2020). Music Therapy in a Multicultural Context. Jessica Kingsley Publishers.</p> <p>Andrew J. Knight, A. Blythe LaGasse, Alicia Ann Clair (2018). Music Therapy: An Introduction to the Profession. American Music Therapy Association.</p> <p>Deborah Spiegel, Suzanne Makary Lauren BonavitaCola (2020). Creative</p>

	<p>DBT Activities Using Music: Interventions for Enhancing Engagement and Effectiveness in Therapy. Jessica Kingsley Publishers.</p> <p>Alfredo Zotti (2020). Music Therapy: An Introduction with Case Studies for Mental Illness Recovery. ↑ Loving Healing Press.</p>
其他事項	<p>Please respect copyright</p> <p>課程聯絡群組: <a href="https://www.facebook.com/groups/4604444319607406">https://www.facebook.com/groups/4604444319607406</a></p> <p>為防疫及遠距教學需要，請務必於選課後立刻加入。另外，請同學遠距上課一定要開鏡頭，確認視訊和音訊運作正常，並且使用電腦來參與課程討論與活動。</p> <p>Email: <a href="mailto:evangelinecheng@gmail.com">evangelinecheng@gmail.com</a></p> <p>連絡電話: 08 - 766 - 3800 - 35655</p>